

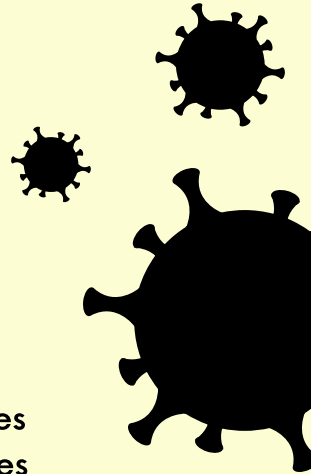
COVID-19 DAILY HEALTH ASSESSMENT

Please do not attend sessions if you:

- Have travelled outside Canada and are required to complete quarantine requirements
- Have been identified by Public Health as a close contact of someone with COVID-19
- Have been told to isolate by Public Health

If you are displaying any of these symptoms below, please do not attend sessions, remain in your room, and call 811 or use the [B.C. COVID-19 Self-Assessment Tool](#) to see if you need to be tested for COVID-19. Follow the direction provided.

- Nausea or vomiting
- Sore throat
- Loss of appetite
- Extreme fatigue or tiredness
- Headaches
- Body aches
- Diarrhea



If none of the above applies, we look forward to seeing you.